

ROVER

Rover is an intensive, comprehensive treatment approach tailored specifically for OEF/OIF Veterans with a diagnosis of PTSD, substance dependence, mood or anxiety disorder. The ROVER programming is grounded in evidence-based treatments, provided mostly in group therapy. It is a 3-week program housed in an inpatient psychiatric setting at the MEDVAMC hospital. After completing the program and acquiring new skills, techniques and insights to improve quality of life, the Veteran will return to his home clinic and resume outpatient treatment.



SERVICES

- Multidisciplinary Case Management
- Diagnostic Assessment
- Intensive Group Therapy
- Intensive Individual Therapy
- Consultation with Veteran's mental health outpatient provider prior to discharge from ROVER

Commitment to Treatment

An essential part of the treatment provided on ROVER is a commitment made by each Veteran to be an active participant in all activities (i.e., group and individual therapy meetings) outlined in his treatment plan.



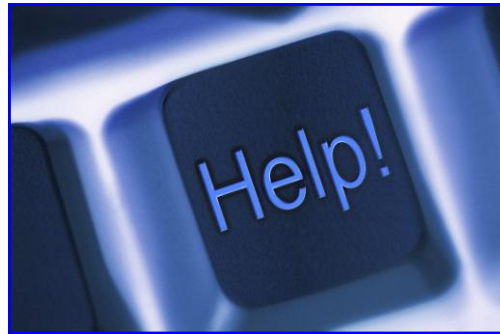
Referrals for Admission to ROVER

In order to determine whether the ROVER program is a good fit for your needs, we have a screening process. Please speak with your VA mental health care provider to begin the screening process.

1. Contact your local mental health provider who can place a request (consult) for the ROVER team to contact you about joining the program.
2. The ROVER team will contact you and send you an application.
3. Once the ROVER team has received your application, we will arrange for an interview with you over the phone.
4. We will set a day for you to start your treatment in the program.

Eligibility

- 1) OEF/OIF Veteran
- 2) Diagnosis of post-traumatic stress disorder, substance dependence, mood or anxiety disorder
- 3) Willingness to participate in intensive group therapy with other OEF/OIF Veterans
- 4) Commitment to engage in comprehensive treatment for 3 weeks
- 5) Current participation in outpatient treatment



For Information or Referral

Returning OEF/OIF Veterans'
Environment of Recovery
(ROVER)

Gayla Colbert, LMSW

Contact: (713) 791-1414 x 6735

GaylaC.Colbert@va.gov

Mental Health Care Line
2002 Holcombe Blvd
Houston, TX 77030
(713) 791-1414
www.houston.va.gov

Returning OEF/OIF Veterans' Environment of Recovery

ROVER



For mental health emergencies,
please call the Veterans Suicide
Prevention Lifeline **1-800-273-
TALK (8255)**. Press 1 for Veterans
24 hours a day, 7 days a week



MICHAEL E. DeBAKEY
VETERANS AFFAIRS
MEDICAL CENTER